

Mona Lou

I work with organizations and leaders who want to enhance their cultural intelligence (CQ) so they can increase productivity, harmony, and team performance.

Mona Lou
INTERNATIONAL



What People Have to Say:

"I have attended multiple presentations by Mona on Cultural Diversity. I found her to be exceptionally experienced & talented with unique abilities from which I have gained new skills & development."

-Nick Randazzo, SIEMENS

"I have consulted Mona on various occasions when I am faced with cultural barriers with international clients. She helped me with communication and understanding their way of doing business. Ever since I began consulting with Mona, I received more business."

-Arlene Cowen, Eaton Realty

"Mona has an uplifting & empowering presence that illuminates the room, her presentations are impeccable both in style and content."

-Ahmed Elgendi, Lowndes Law

Programs:

Cultural Intelligence Workshop:

Equip individuals & teams to understand the impact of culture on communication, teamwork, and business procedures.

Increase awareness & knowledge of the similarities and differences of cultural environments. **Provide strategies** to work & manage more effectively in virtual environments.

Executive Cultural Coaching:

Reduce stress & anxiety; improve strategic thinking & performance. **Improve relationships** by providing strategies & develop a framework for building relationships with key stakeholders. **Create awareness** by being provided valuable professional & personal insights into behavioral patterns.

Unconscious Bias Training:

Improve talent sourcing, recruitment & staff retention. **Improve relationships & trust** within organizations. **Improve teamwork** and collaboration.

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Book Mona for your next event, retreat, conference, or company training. 407-574-5920

